



# FOOD ALLERGENS



# DISHES AND THEIR ALLERGEN CONTENT

The Three Tuns, High Street Fen Drayton, CB24 4SJ - 01954230242

| DISHES                |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
|                       | Celery  | Cereals containing gluten**   | Crustaceans   | Eggs  | Fish   | Lupin   | Milk  | Molluscs  | Mustard   | Nuts*   | Peanuts   | Sesame seeds  | Soya  | Sulphur dioxide   |
| Chicken Kebabs        |   |   |   |   |  |   |   |   | ✓   |   |   |   |   |   |
| Whitebait             |   | ✓   |   | ✓   | ✓  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Lamb Samosas          |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   |   |
| Brie Wedges           |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Mediterranean Platter |   | ✓   |   | ✓   |  |   |   |   | ✓   | ✓   |   |   |   | ✓   |
| Ham Egg Chips         |   |   |   |   |  |   |   |   | ✓   |   |   |   |   | ✓   |
| Fish & Chips          |   | ✓   |   | ✓   | ✓  |   |   |   |   |   |   |   |   | ✓   |
| Beef Lasagne          | ✓   | ✓   |   | ✓   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Halloumi Mixed Grill  |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Vegetable Lasagne     | ✓   | ✓   |   | ✓   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |

Review date: June 2018

Reviewed by: Lois Barreto



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| Vegetable Curry               |   | ✓   |   |   |  |   | ✓   |   |   | ✓   |   |   |   |   |
| Scampi                        |   | ✓   | ✓   | ✓   | ✓  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Sirloin Steak or Ribeye Steak |   | ✓   |   |   |  |   |   |   | ✓   |   |   |   |   | ✓   |
| Cajun Chicken                 |   |   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Three Tuns Burger             |   | ✓   |   |   |  |   |   |   |   |   |   |   |   |   |
| Fajitas Chicken               |   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Gammon Steak                  |   | ✓   |   |   |  |   |   |   | ✓   |   |   |   |   | ✓   |
| Chicken Salad                 |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Halloumi Grill                |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Hunters Chicken               |   |   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |

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| Brie, Bacon & Mango Baguette |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Ham & Mustard                |   | ✓   |   |   |  |   |   |   | ✓   |   |   |   |   | ✓   |
| Cheese & Pickle              |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Chicken Goujon Wrap          |   | ✓   |   | ✓   |  |   | ✓   |   | ✓   |   |   | ✓   |   | ✓   |
| Halloumi Sandwich            |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Cajun Chicken Wrap           |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Fish Finger Sandwich         |   | ✓   |   | ✓   | ✓  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Cheese Ploughmans            | ✓   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |

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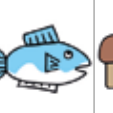









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| Ham Ploughmans              | ✓   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| Cheese & Ham Hock           | ✓   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   |   | ✓   |
| <b>Children Menu</b>        |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Chicken Goujons Chips&Beans | ✓   | ✓   |   |   |  |   | ✓   |   |   |   |   |   | ✓   |   |
| Cheese Burger Chips&Beans   |   | ✓   |   |   |  |   |   |   |   |   |   |   |   |   |
| Fish Fingers Chips&Beans    |   | ✓   |   | ✓   | ✓  |   | ✓   |   |   |   |   |   |   |   |
| Lasagne, Chips&Beans        |   | ✓   |   |   |  |   | ✓   |   | ✓   |   |   |   | ✓   | ✓   |
|                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|                             |   |   |   |   |  |   |   |   |   |   |   |   |   |   |

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| Chocolate Brownie        |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Apple Crumble            |   | ✓   |   |   |  |   | ✓   |   |   | ✓   |   |   |   |   |
| Sticky Toffee Pudding    |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Vanilla Crème Brulee     |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   | ✓   |
| Traditional Cheeseboard  |   | ✓   |   |   |  |   | ✓   |   |   |   |   |   |   |   |
| Eton Mess Sundae         |   |   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Chocolate Brownie Sundae |   | ✓   |   | ✓   |  |   | ✓   |   |   |   |   |   |   |   |
| Ice Creams               |   |   |   |   |  |   | ✓   |   |   |   |   |   |   |   |

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